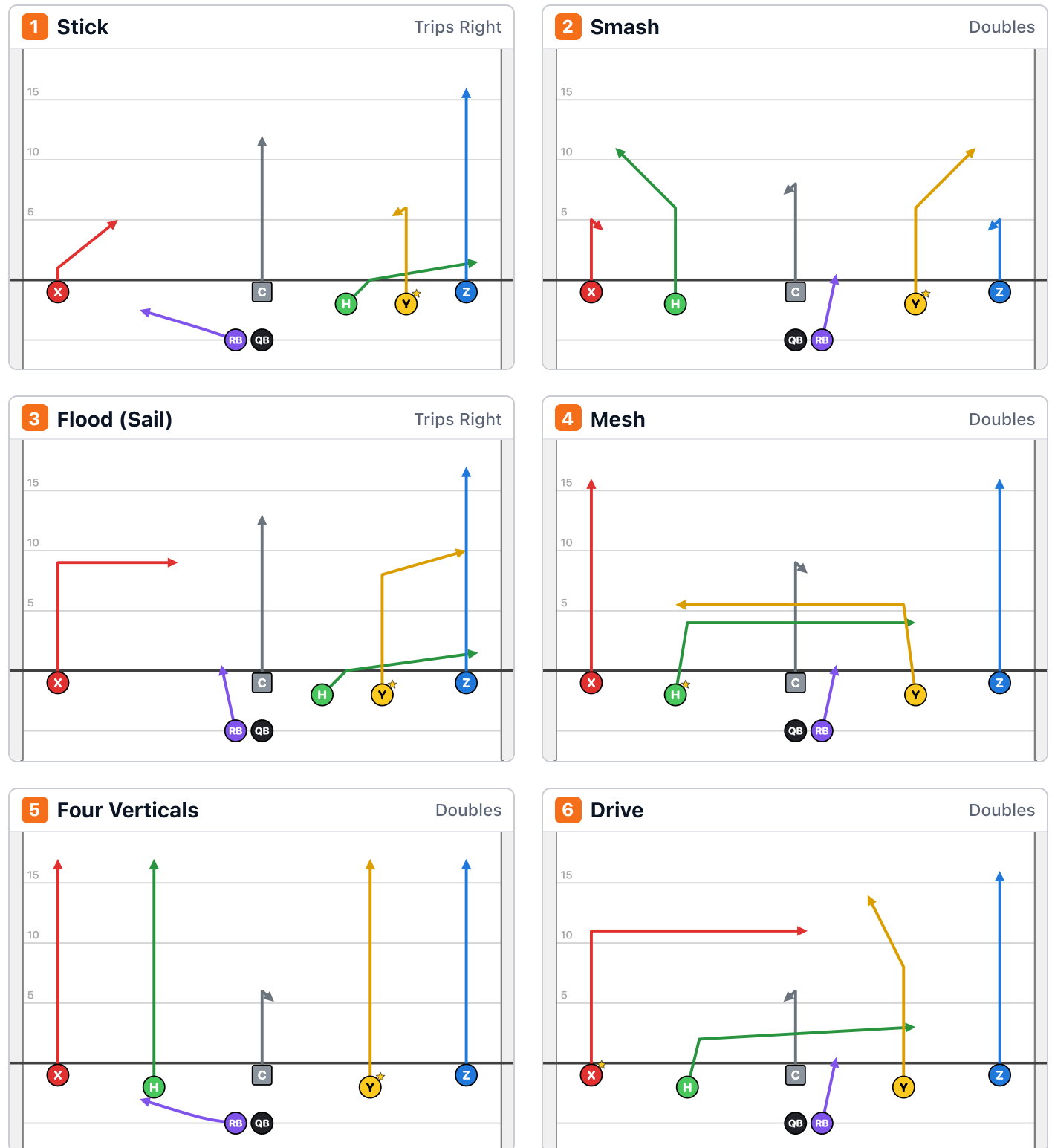


7v7 Passing Concepts for Beginners

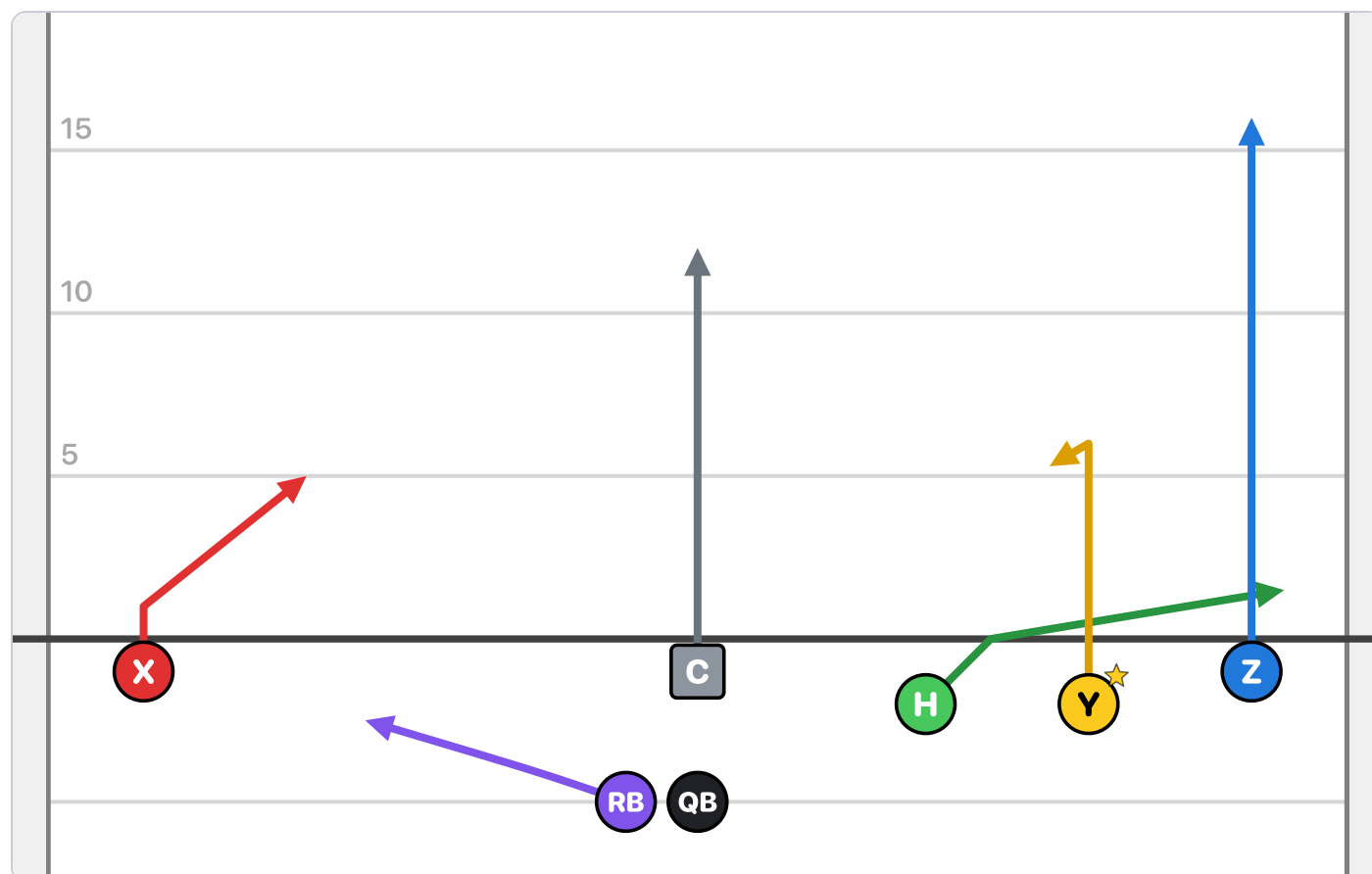
7v7 · 6 plays

Six passing concepts every 7v7 quarterback should know: Stick, Smash, Flood, Mesh, Four Verticals and Drive. Page 1 is the whole set; each concept then gets its own page with the read. Watch every play animated: [open the team link](#).



1 Stick

7v7 · Trips Right · [Watch it run](#)



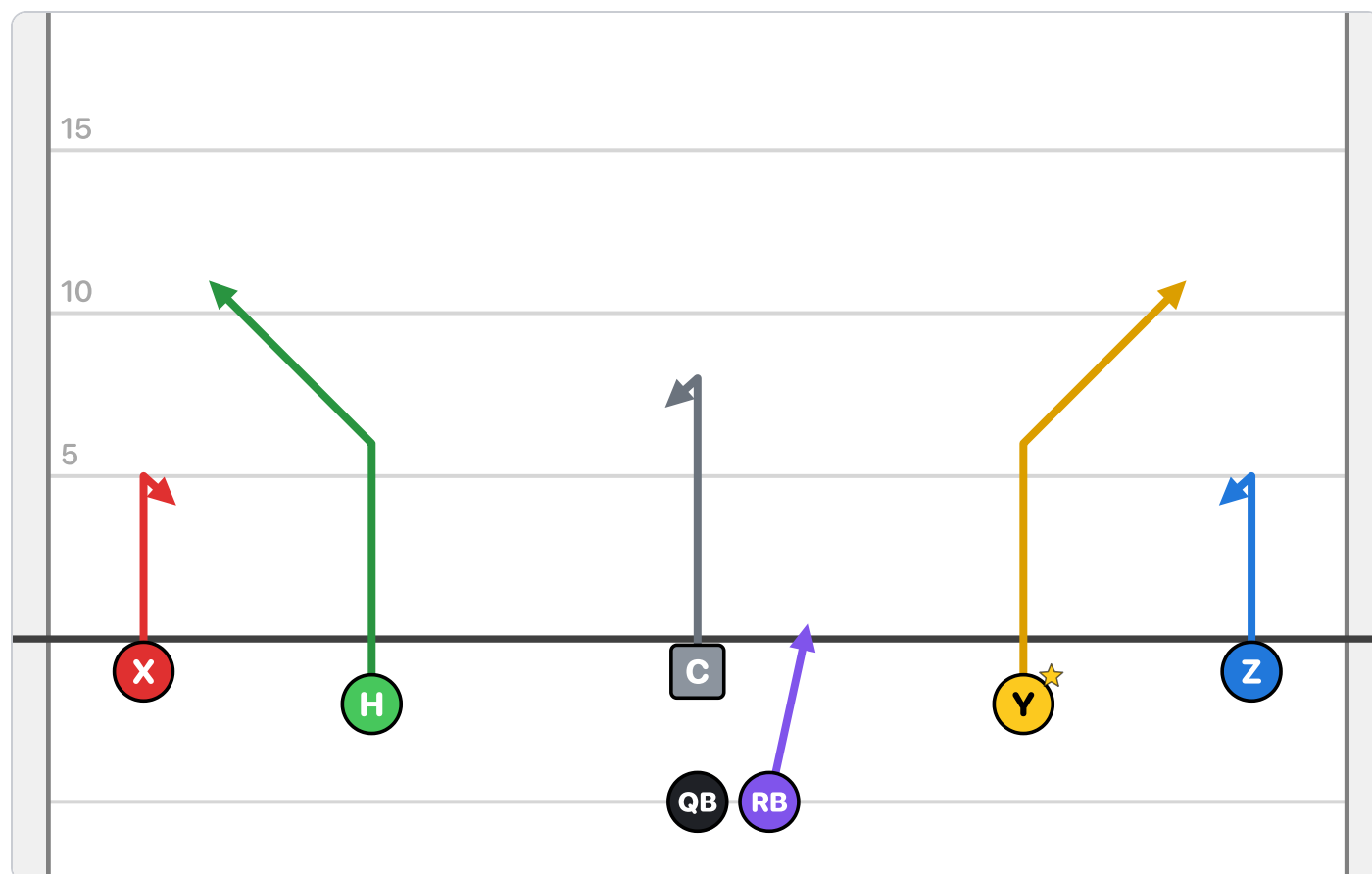
COACHING POINTS

Z runs off the outside defender. Read the flat defender: if he widens with H, throw Y the stick at 6 yards; if he sits on Y, throw H the flat. RB is the check-down to the left.

YOUR NOTES

2 Smash

7v7 · Doubles · [Watch it run](#)



COACHING POINTS

Both sides run the same pair: a 5-yard hitch outside and a corner from the slot. Pick a side before the snap. If the corner defender sits on the hitch, throw the corner; if he drops, throw the hitch.

YOUR NOTES

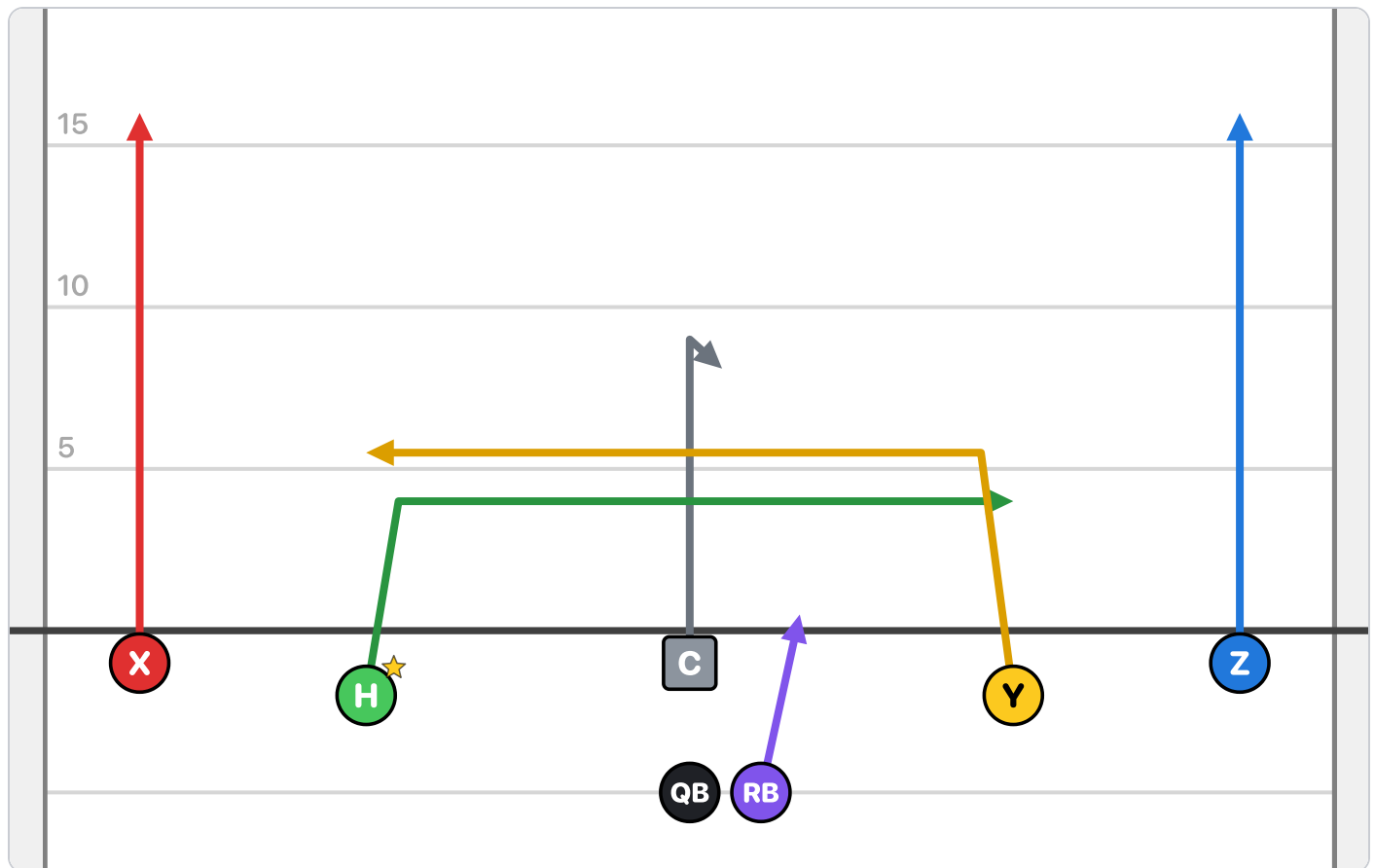
7v7 · Trips Right · [Watch it run](#)



YOUR NOTES

4 Mesh

7v7 · Doubles · [Watch it run](#)



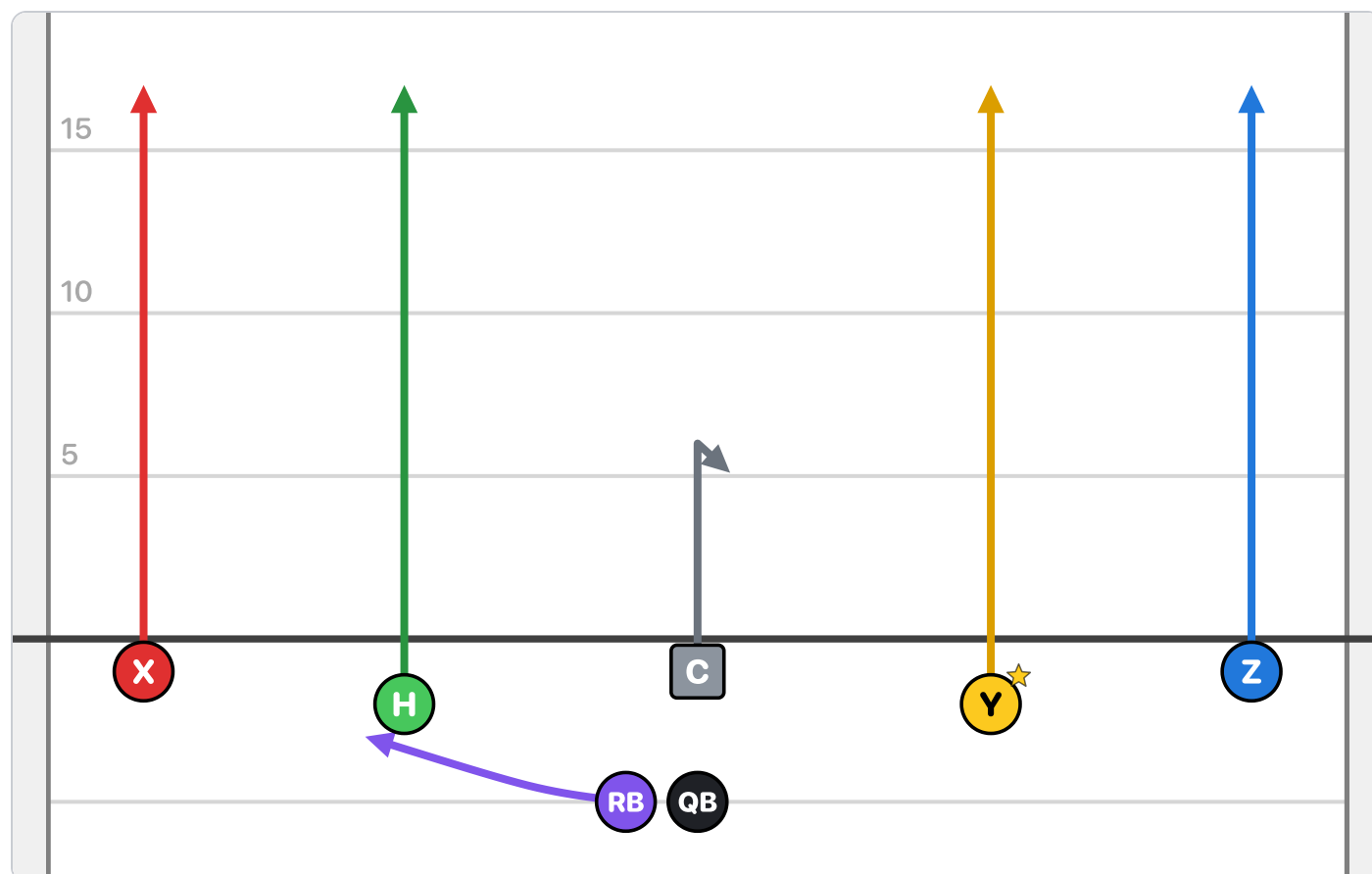
COACHING POINTS

H and Y cross in the middle, H under at about 4 yards, Y over at about 5.5, close enough to pass shoulder to shoulder. X and Z clear deep. Against man, hit the crosser who comes free; against zone, they settle in the gaps. C sits at 9.

YOUR NOTES

5 Four Verticals

7v7 · Doubles · [Watch it run](#)



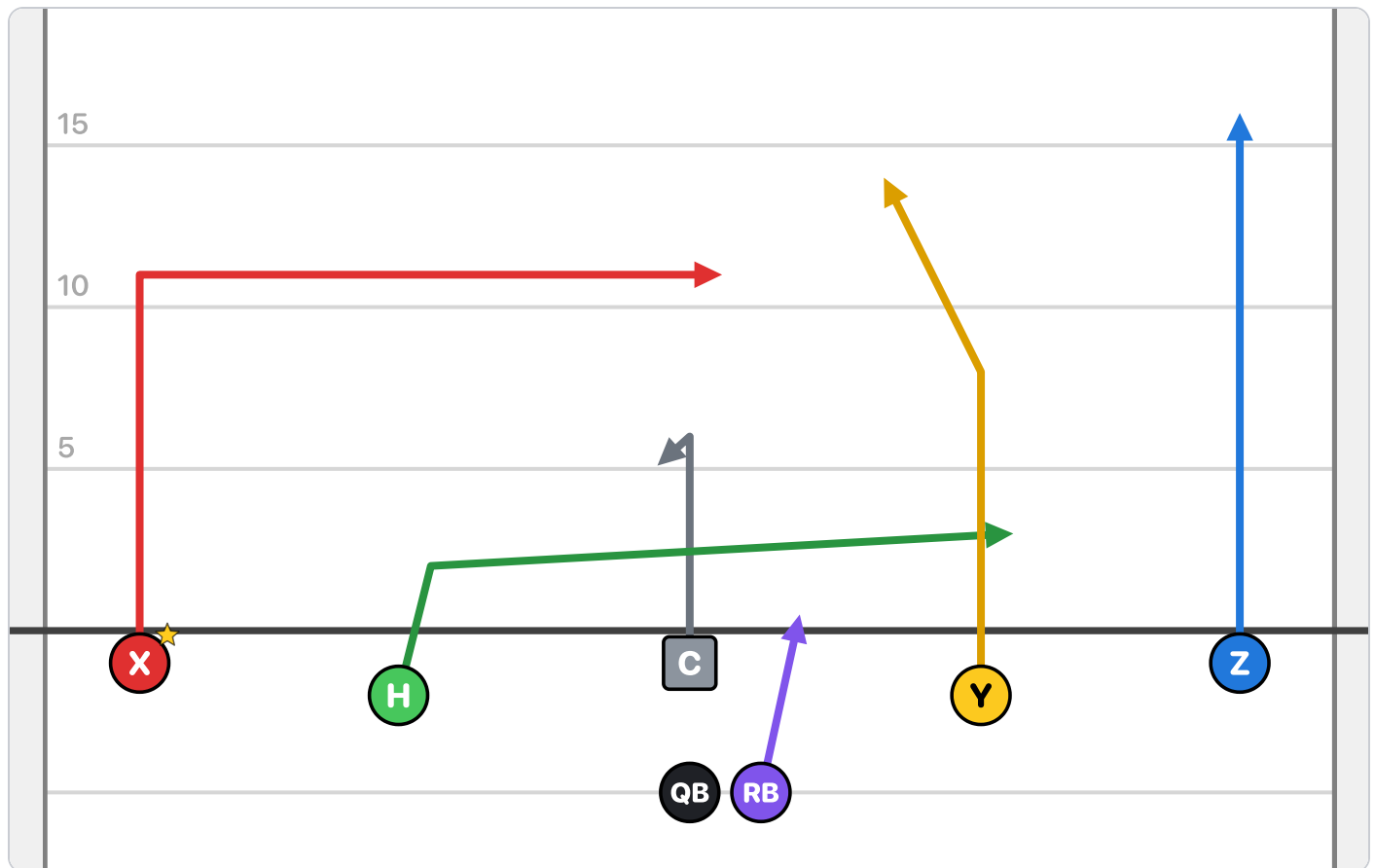
COACHING POINTS

Four receivers go deep: X and Z outside, H and Y up the seams. Watch the middle safety. Throw the seam he leaves. If nobody is open deep, C sits at 6 and RB swings left.

YOUR NOTES

6 Drive

7v7 · Doubles · [Watch it run](#)



COACHING POINTS

H runs a shallow cross at 3 yards and X runs a dig at 11 yards over it, both to the right. Read the middle defender: if he comes up for H, throw the dig behind him; if he drops, throw the shallow. Y and Z clear the right side.

YOUR NOTES